

## Rorschach cognitive profile of resilient young adults

K.R.Santhosh\*

Arts and Social Sciences Division  
Edutel Technologies (P) Ltd.,Yeshwanthpur, Bangalore

N.Annalakshmi\*\*

Bharathiar University, Coimbatore

### Abstract

The purpose of the study was to prepare a cognitive profile of resilient young adults based on Rorschach. The sample included 100 young adults (age group 18 to 23 years). The instruments used were Bharathiar University Resilience Scale (Annalakshmi, 2009) and Rorschach Ink Blot Test (Rorschach, 1921). Rorschach rating indices of problem solving and creative thinking (both adopted from "Rorschach Interpretation" by Himelstein, 2003), intelligence (adopted from "The Rorschach Rating Scale" by Meyer et al, 1999) and sophisticated thinking (structured on the basis of "The Rorschach Rating Scale" by Meyer et al, 1999) were used as the measures of problem solving, creative thinking, intelligence and sophisticated thinking respectively. Correlation analysis indicated that all of these 4 Cognitive Indices had relationship with resilience. Block-wise Multiple Regression analysis indicated that Problem Solving index and creative thinking index could significantly predict resilience. Using the qualitative explanations of the Rorschach variable combinations in the problem solving index and creative thinking index a profile of young adults was delineated.

**Keywords:** *Rorschach problem solving index, Rorschach creative thinking index, Rorschach intelligence index, Rorschach sophisticated thinking index, resilience*

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Correspondence concerning this article should be addressed to \*K.R.Santhosh, Ph.D.,Head of Academics, Arts and Social Sciences Division Edutel Technologies (P) Ltd., Yeshwanthpur, Bangalore, Karnataka, India email: [santhoshisme@gmail.com](mailto:santhoshisme@gmail.com) Mobile: +91 9448417480

**Authors:** \*K.R.Santhosh, Ph.D.,Head of Academics,Arts and Social Sciences Division,Edutel Technologies (P) Ltd.,Yeshwanthpur, Bangalore, Karnataka, India email: [santhoshisme@gmail.com](mailto:santhoshisme@gmail.com) Mobile: +91 9448417480

\*\*N.Annalakshmi, Ph.D., Associate Professor, Department of Psychology, Bharathiar University,Coimbatore, Tamil Nadu, India – 641046 email: [narayanan.annalakshmi@buc.edu.in](mailto:narayanan.annalakshmi@buc.edu.in) Mobile: +91 9787000864