

## **Psychological wellbeing of Engineering and Medical students living in Ahmedabad**

**Ms. Vaishali Kanani\***  
**Dr.S.M.Kaji\*\***

**Department of psychology,  
L.D.Arts College,  
Ahmedabad (Gujarat)**

### **Abstract**

The Present investigation is to find out the differences in psychological well-being among engineering and medical students living in Ahmedabad. The sample consisted of 120 students, out of which 60 were engineering and 60 were medical students. For this purpose of investigation 'Psychological well-being scale' by Dr. Devendra Singh Sisodia and Ms. Pooja Chaudhary was used. The obtained data was analyzed through 't' test to know the mean difference between the two groups. The result shows that there is a significant difference in the psychological well-being variables overall psychological well being, satisfaction, sociability and interpersonal relations of engineering and medical students at 0.01 levels. There is a significant difference in the efficiency of engineering and medical students at 0.05 levels and there is no significant difference in mental health of engineering and medical students.

**Key Words:** Psychological Well-Being, Engineering, Medical, Student, Ahmedabad