

## Mobile Addiction and Psychological well-being among Graduates and Post-graduates

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### Abstract

The present study aimed to measure Mobile Addiction and Psychological well-being among Undergraduate and Postgraduate students. Stratified random sampling procedure was adopted. The sample consisted of 50 Undergraduate and 50 Postgraduate students [25 males and 25 females in each group ] aged between 18-24 years hailing from Urban population. The sample was administered Mobile addiction scale developed by Dr A. Velayudhan and Dr. S. Srividhya, and Psychological well-being scale by Dr. Sudha Bhogle and Jai Prakash. The data thus collected was scored and organized for statistical analysis. The descriptive 't' test of statistical significance and Pearson's Product Moment Correlation were used for analysis of data. The findings indicate no significant gender difference among graduate and post graduate students on Mobile Addiction and PWB and no significant relationship between the two variables.

**Keywords:** *Mobile addiction, Psychological well-being, Undergraduate student, Post-graduate student.*

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