

A Comparative Study of Adjustment and Emotional Intelligence among Marathi and English Medium Students.

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Abstract

The study conducted to examine Adjustment and Emotional Intelligence of Marathi and English medium students. To this purpose, 124 marathi medium and 124 english medium students randomly selected from Semi-government highschool of Aurangabad city. Out of 124, 61 students who were studying in 12th and boys, 61 students who were studying in 12th class and girls have selected for study. Emotional Intelligence Scale and Adjustment Inventory used to assess their Emotional Intelligence and Adjustment level. Before administered the questionnaire and inventory, the written consent taken from the participants for the research. Data collected and analyzed. The result suggested that Marathi students had well adjustment than English medium. Female Students had well adjustment than male students. Marathi medium students had high emotional intelligence than English medium students. Female Students had high emotional intelligence than male students.

Keywords: Emotional Intelligence, Adjustment, Emotional Intelligence Scale.

Adjustment generally refers to the modification to compensate for to meet special conditions. In the dictionary the term adjustment means to fit, make suitable, adapt, arrange, modify, harmonize or make correspondence. Whenever we make an adjustment between two things adapt or modify one of both or both to correspond to each other. For example wearing of clothes according to the requirement of the seasons is an example of adjustment. We modify ourself according to seasons because we cannot modify the seasons. Before understanding the adjustment as a process it is necessary to examine some of the definitions of adjustment given by the researchers. Warren (1934) refers, "Adjustment refers to any operation whereby on organism or organ becomes more favorably related to the environment or to the entire situation, environmental and internal". James Dreyer (1952) defines that, "Adjustment means the modification to compensate for or meet special conditions". 'Palsane' (1965) wrote in his definition that, " Adjustment is necessarily determined with reference to norms of the total

society or of some more restricted community within the society, According, one may conceptually define adjustment as adherence to social norms. The relation between an individual and his environment'. In some of the definitions of adjustment it was stated that the process of adjustment is continuous. If one thinks in the right direction the one observes that the process of adjustment starts at one's birth and goes on without stop till one's death. In other words adjustment is something that is constantly achieved and re-achieved by us. Apparently, it appears that adjustment is a one way process but in reality it is not. It is a two way process and it involves not only the process of fitting oneself in to available circumstances but also the process of changing circumstances to fit one's needs. Related to this White (1956) commented excellently. White writes that the concept of adjustment implies a constant interaction between the person and his environment, each making demands on the other. Sometimes adjustment is accomplished when the person yields and accepts conditions which are beyond his power to change. Sometimes it is achieved when the environment yields to the persons activities. In